5 THINGS FAMILIES CAN DO TO CELEBRATE NICU AWARENESS

1. Send treats and thank you notes to NICU staff.
2. Share Then & Now pictures of your NICU graduate to inspire hope.
3. Do random acts of kindness in honor of your NICU baby.
4. Share your story on social media using the tag #NICUAwarenessMonth.
5. Wear green in honor of your NICU baby.

This project is a collaboration between Project Sweet Peas and National Perinatal Association.

www.nicuawareness.org
www.nationalperinatal.org/NICU_Awareness