Should you wear a mask?

Are you staying home?

Wear a mask. When we wear masks and stay 6 feet apart we protect each other.

Are you older than 2?

NO

Wear a mask. Mask wearing is a proven public health measure.

YES

You don’t need to wear a mask unless you're sick or caring for someone who is sick.

NO

Babies and toddlers shouldn't wear masks. So we wear masks to protect them.

YES

If you can wear a mask, please do.

When you wear a mask you're protecting the most vulnerable people who can't.

www.nationalperinatal.org/COVID-19