5 Things You Can Do to Celebrate NICU Awareness

1. Educate Yourself
Did you know that more than half of the babies admitted to NICUs were not born prematurely? See our fact sheets.

2. Post on Social Media
See examples at nicuawareness.org and nationalperinatal.org/NICU_Awareness

3. Recognize NICU Staff
Let them know the difference they are making in our babies’ lives. Write a note, send an email, or deliver a gift to show them that you appreciate them.

4. Share Your Story
Most people have never heard of a NICU before. Let others know about the extraordinary care that NICUs provide.

5. Join Our Community
Get involved. Become a member of our organizations and share your talents.

This project is a collaboration between

Project Sweet Peas + National Perinatal Association

www.nicuawareness.org
www.nationalperinatal.org/NICU_Awareness