Keep me RSV free.

Wash Your Hands.

Cover Coughs and Sneeze.

Ask about Protective Injections.

National Perinatal Association
Respiratory Syncytial Virus: What you need to know.

RSV is a common virus that is easy to spread during cold & flu season. It can be dangerous for babies. RSV clogs little lungs, making it hard to breathe.

Some babies - like those who were born early, have heart problems, or have chronic lung conditions are especially vulnerable.

Talk to your doctor about how you can protect your family and stop the spread of RSV.

www.nationalperinatal.org/rsv

*See the NPA's evidence-based guidelines at