RSV
Is a Really Scary Virus:
Help me stay healthy this RSV season.

- wash your hands
- cover coughs and sneezes
- ask about protective injections

www.nationalperinatal.org/rsv
Respiratory Syncytial Virus: What you need to know.

RSV is a common virus that is easy to spread during cold & flu season. It can be dangerous for babies.

RSV clogs little lungs, making it hard to breathe.

Some babies - like those who were born early, have heart problems, or have chronic lung conditions are especially vulnerable.

Talk to your doctor about how you can protect your family and stop the spread of RSV.

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*See the NPA’s evidence-based guidelines at