## Should you wear a mask?

## Are you staying home?



Wear a mask. When we wear masks and stay 6 feet apart we protect each other.

NO

You don't need to wear a mask unless you're sick or caring for someone who is sick.

## Are you older than 2?



Babies and toddlers shouldn't wear masks.

YES Wear a mask. Mask wearing is a proven public health measure. So we wear masks to protect them.

- If you can wear a mask, please do.
- When you wear a mask you're protecting the most vulnerable people who can't.

www.nationalperinatal.org/COVID-19

