

SHARED DECISION-MAKING PROTECTS PARENTS + INFANTS

DURING COVID-19

KEEPING PARENTS + INFANTS TOGETHER

Means balancing
the risks of...

- **HORIZONTAL INFECTION**
- **SEPARATION AND TRAUMA**



EVIDENCE

We encourage families and clinicians to remain diligent in learning **up-to-date evidence**.

PARTNERSHIP

What is the best
for this unique dyad?

SHARED DECISION-MAKING

- S**EEK PARTICIPATION
- H**ELP EXPLORE OPTIONS
- A**SSESS PREFERENCES
- R**EACH A DECISION
- E**VALUATE THE DECISION



TRAUMA-INFORMED

Both parents and providers
are confronting significant...

- **FEAR**
- **GRIEF**
- **UNCERTAINTY**

LONGITUDINAL DATA

We need to understand more about outcomes for parents
and infants exposed to COVID-19, with special attention to:

- **MENTAL HEALTH**
- **POSTPARTUM CARE DELIVERY**



NEW DATA EMERGE DAILY. NANN AND NPA ENCOURAGE PERINATAL CARE PROVIDERS TO ENGAGE IN CANDID CONVERSATIONS WITH PREGNANT PARENTS PRIOR TO DELIVERY REGARDING RISKS, BENEFITS, LIMITATIONS, AND REALISTIC EXPECTATIONS.

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when it matters most.

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